

BOY SCOUTS



(Conducted by National Council of the Boy Scouts of America.)

INDIAN BOY SCOUTS

"In the three troops at the Chemawa Indian school, Chemawa, Oregon, some remarkably fine scouts are being developed," says Scout Executive Zinsler of Salem, Oregon.

"Remember, these boys come from all the different tribes of the Pacific Northwest and Alaska. Some of them have known no other environment than a snow igloo and no other clothing than garments of fur. Some have had wide experience in the hunting and fishing and with dog sledges of the North. Others were born and reared in the tepees of the Pacific Northwest tribes, but after all they are making scouts whom any troop would be proud to call their own.

"This school has as its athletic director and disciplinarian, George W. Bent, who is a descendant of a family of chieftains of the Cheyenne Indians. He is a graduate of the Carlisle Indian school. It was his intention to organize scouting in the school after he had spent a summer as camp director for the Salem (Oregon) local council. He first had to obtain the consent of the Department of Indian Affairs at Washington. This was obtained, and he went about organizing his troops.

"The school's superintendent who has had a lifetime experience with Indians is full of praise for the effect of the scout oath and law on the lives of these lads. The Inspector for the Department of Indian Affairs expressed a high appreciation of the work scouts are doing, in his report to headquarters. These men are convinced that scouting is playing a big part in the lives of these boys, and that it is producing a lasting effect on the morals and discipline of the school.

"At the last commencement week exercises the scouts were given the responsibility of parking and guarding the large number of visiting automobiles. All the visitors were shown through the institution by scout guides. The lads took prominent part in the events of the week, including an afternoon of games, drills and scoutcraft.

"A recent contest between the Salem and the Chemawa members proved the efficiency of the Indian scouts. In the majority of the events they had the white boys bested. Their thorough training was evident. As a group they sing many of the scout songs, and their yelling is a good thing to listen to. They also have their own band.

"Two of the troops are led by white scoutmasters and one by an Indian."

CACTUS CENTER'S BOY SCOUT

Down here in Cactus Center, boys is all too seldom seen; We're mostly cattle outfits, and our schools is far between;

But a kid who spent the winter down at Pecos Johnson's place Makes us proud that we have met him—durn his freckled, smilin' face!

It was when an Eastern party tried to auto through this way And they got lost in a sandstorm. They was gone for many a day

"Fore our outfit heard about it, but we scattered when we knew, And this kid from Pecos Johnson's—well, he sort of come on, too.

We didn't take no notice when the kid just eased away And poked off on the desert. We was busy day by day

And we thought the search was hopeless, when this little, dusty scamp Drags the party, all but perished, to the safety of our camp.

When we asked him how he done it, he refused to answer much, But we learned that this boy scouting made him wise to beat the Dutch; And, when it came to trailin', where the ground was rough and wild, He just followed boy scout teachin', which is good for man or child.

When we learned how he had tracked 'em—how he cheered 'em, night and day— How he dug and turned up water—how he found the shortest way— When we learned these things about him, you could gather from our shouts That "O. K." was what we'd brand this here outfit of boy scouts. —Arthur Chapman in Boy's Life.

HISTORIC COLORS PRESENTED

When the U. S. S. Albany, a cruiser which did service in the Spanish-American war and the most recent war was dismantled, the official colors of the ship were put in the hands of the mayor of Albany, N. Y. Mayor Hackett, in his turn, in order that the colors might be kept in a place where the historical significance would be of benefit to the community, conferred their custody into the hands of the seascout ship Hendrick Hudson I, which is the official seascout division of the Albany boy scouts.

TEXAS SCOUTS MAKE RECORD

At the recent South Texas State fair the scouts stood ready at all times to help or render information. Among other "good turns," the boys found 72 lost children, handled six parades as traffic officers, acted as runners for officers of the association, furnished escort for children during the baby parade, parked automobiles in the fair grounds, met all incoming trains, and maintained an information bureau on the post office corner.

The KITCHEN CABINET

(By 1923, Western Newspaper Union.)

Battle is to a man what developing solution is to a photographic plate. It brings out what's already in him. It gives him nothing new.—Bernard Iddings Bell.

EVERYDAY GOOD THINGS

Dishes that are economical, nourishing and at the same time attractive are the popular ones with the average housewife. Try this method of cooking soup meat:

Creole Soup Meat—Take an ordinary soup bone from the leg, rub pepper, salt and a little garlic into it and put it into an iron kettle with no water. Close tightly, and place in the oven for four hours. At the end of that time the meat will drop from the bone and there will be a pint of juice and fat in the bottom of the kettle. Skim off the fat and add to the juice one chopped green pepper, half a can of tomatoes, one small onion, half a teaspoonful of cloves, and half a teaspoonful of cinnamon. Cook the sauce about half an hour, thicken it a little and serve poured over the beef.

One of the essentials in any family is a small Scotch kettle such as used in our grandmothers' day for frying doughnuts. An iron cover should fit it tightly and meat or foods cooked in it will conserve all their flavor. The iron holds the heat, making the cooking very economical as to fuel.

Lamb Haricot—Cut into two-inch squares the meat from three pounds of the breast of mutton. Wipe clean before cutting, roll in seasoned flour. In the iron kettle put one pint of dried lima beans which have been soaked over night. Slice two small onions, then lay the meat over all. Cover and bake three hours.

Holiday Jelly—Take one and one-half tablespoonfuls of gelatin, add one-half cupful of boiling water. Scald two cupfuls of milk with one cupful of sugar and add to the gelatin; add one ounce of cocoa or grated chocolate and allow to cool. Mix one cupful of raisins, one-half cupful of currants, one-fourth cupful of chopped citron with one tablespoonful of orange juice. Mix all the ingredients together and set away to mold. Serve with whipped cream.

New Orleans Pork and Cabbage—Buy two pounds of the shoulder of pork as lean as possible. Shred one hard cabbage and place in the bottom of a well-greased kettle. Season the cabbage with salt and pepper, adding one teaspoonful of mustard seeds, half a cupful of vinegar, and one teaspoonful of brown sugar. Put the pork on top well-floured and bake well-covered three hours. Serve with baked sweet potatoes.

Can you hear the tiny raindrops O'er the meadows fertile spaces, Softly falling, faintly calling, To the needs asleep below? Springtime's waiting here to meet you, Singing birds are here to greet you, Southland winds are softly calling And it's time for you to grow. —W. A. Robinson.

SIMPLE ECONOMICAL DESSERTS

In every home there should be a good-working ice cream freezer; two sizes or three are convenient, if one can afford the expense. A simple easy way to prepare dessert which is liked by almost everyone is:

Lemon Milk Sherbet—Take a quart of good rich milk, add one and one-half cupfuls of

strained honey or two scant cupfuls of sugar, one cupful of lemon juice. The mixture will curdle as it is combined but will freeze and be as smooth as velvet. It is sometimes called velvet sherbet.

Quaker Pudding—Take three cupfuls of stale bread, three eggs, one-third of a cupful of honey or one-half cupful of sugar, salt and nutmeg to taste, three cupfuls of milk, one-half teaspoonful of lemon juice and a little lemon rind, raisins to suit the taste. Butter a mold, sprinkle with raisins, and fill with the bread and raisins in layers. Beat the eggs, add the sweetening, salt, nutmeg and milk with the lemon rind and juice. Steam for one hour, turn out on a platter and serve hot with any desired pudding sauce.

Steamed Bread Crumb Pudding—Take one cupful of bread crumbs, one-half cupful each of molasses, cold water, and corn flour and raisins, three-fourths of a teaspoonful of soda and a teaspoonful of salt. Mix the ingredients well, put into a greased mold and steam two hours. Serve with cream or a sweet sauce.

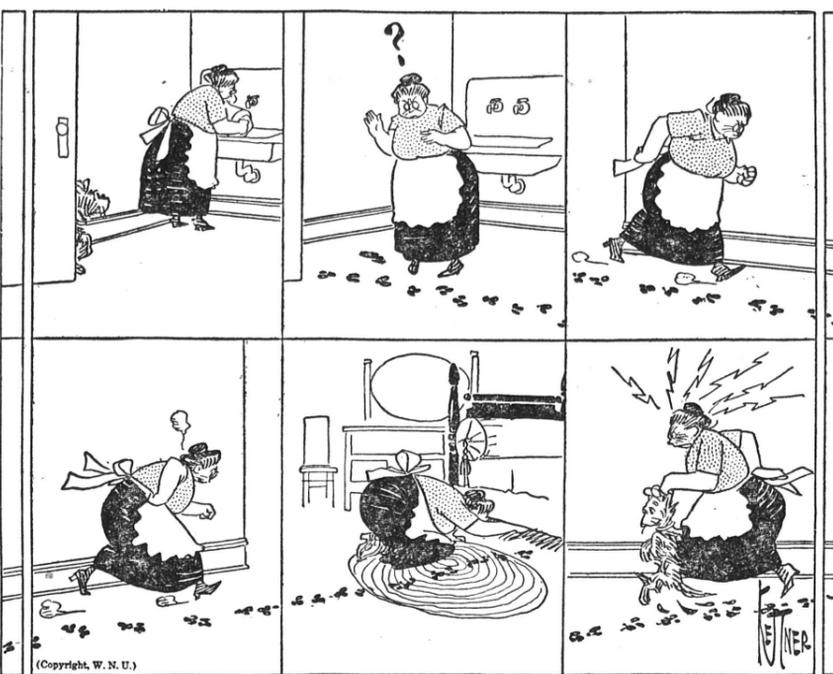
Ham With Scalloped Potatoes—Arrange a baking dish of scalloped potatoes and over them lay a slice of tender ham; bake until the potatoes are done and serve from the baking dish.

Chicken Soup—Take the broth from a large fowl that has been parboiled before roasting. Add a slice or two of onion, the chopped giblets, and one-fourth of a cupful of rice. Season with salt, celery salt and pepper, add a beaten egg and a cupful of milk. Reheat and serve with salted wafers. Be careful not to boil after the egg is added.

Nellie Maxwell

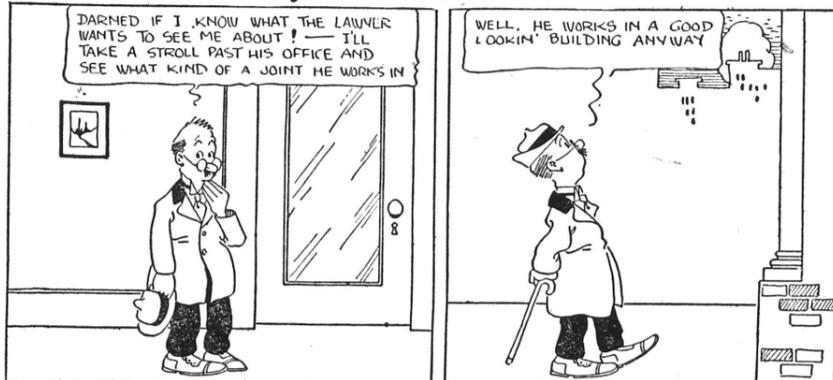
OUR COMIC SECTION

Our Pet Peeve



(Copyright, W. N. U.)

Guilty Conscience We Guess



Harold Used It Too Strong



Important to All Women Readers of This Paper

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Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

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Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by parcel post. You can purchase medium and large size bottles at all drug stores.—Advertisement.

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To Have a Clear, Sweet Skin
Touch pimples, redness, roughness or itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin. Everywhere 25c each.—Advertisement.

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Cole's Carbolivite Quickly Relieves and heals burning, itching and torturing skin diseases. It instantly stops the pain of burns, blisters without scars. 30c and 60c. Ask your druggist, or send 30c to The J. W. Cole Co., 127 S. Euclid Ave., Oak Park, Ill., for a package.—Advertisement.

Humility is the eldest born of virtue.

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COMPOUND quickly relieves the distressing paroxysms. Used for 25 years and result of long experience in treatment of throat and lung diseases by Dr. J. H. Guild. FREE TRIAL BOX, Treatise on Asthma, its causes, treatment, etc., sent upon request. 25c and \$1.00 at druggists. J. H. GUILD CO., RUPERT, VT.

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HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking a pleasure. 15c and 50c at Druggists. Hiteco Chemical Works, Patheco, N. Y.

Comfort Baby's Skin With Cuticura Soap And Fragrant Talcum
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W. N. U., San Francisco, No. 17-1923.

Sensible Chap.
There was a man who never wrote an acceptance to an invitation without adding W. P. His friends asked him what the letters meant—if they stood for "weather permitting."
"No," was his reply; they stand for "wife permitting."—Boston Evening Transcript.

Scuffed Shoes.
When shoes become scuffed and peeled rub them with the white of an egg. It will paste the broken places down.